

❖
THE
LITTLE CORNARD
MAGAZINE



EASTER
2012





SERVICES at ALL SAINTS

Regular Sunday Services at 10.30 am at All Saints

except

1st Sunday of the month - 10.30 am at St Mary's, Bures

and

18th March – Mothering Sunday

10.30 am Family Service



5th April - Maundy Thursday (in Bures)

8.00pm - Supper with Communion

(please sign list in church or phone Sue Ryman on 227715)



6th April - Good Friday (in Bures)

10.30am - Family Walk with the cross

2.00pm – Service of Prayer and Meditation



8th April - Easter Sunday

8.00 am - Holy Communion followed by breakfast



Please watch the notice boards around the village for there will be special services during the year to which all will be welcome.

✠ From All Saints Church Registers ✠

Funerals ✠ Brenda Richford ✠ Gwen Warner

ECO SYSTEMS

**The Environmentally Aware
Tree Care Professionals**

Your Local

TREE SURGERY CONTRACTOR

**Fully NCH & NPTC Qualified
in All Aspects of Tree Work
SITE & SCRUB CLEARANCE UNDERTAKEN
£5m Public Liability Insurance**

**Tree Surgery
Dismantling
Precision Felling
Planting
Hedge Maintenance**



ECO SYSTEMS TREE SERVICES
Woolcombers, Duke Street, Bildeston IP7 7EW

Sudbury **01787 229138**

Bildeston **01449 741255**

The Vicarage, Bures.

February, 2012.



Dear Friends,

There was a stunning sunrise this morning, made all the more beautiful by the crisp air and frozen ground - and the morning developed into one of those spectacular clear, sunny winter's days. I've had several conversations this week debating with people whether we prefer cold and sunny to wet but warmer - and everyone I've spoken to prefers the cold, clear days to the soggy ones, even if the soggy comes with higher temperatures.

A lot of the imagery in the Bible used to describe God and his Word speaks of light, vision, clarity and even sunrise. Jesus talked more about opening eyes, helping us to see, and pointing out the dangers of stumbling around in the dark, than he did about making everyone feel comfortable. Cold, sunny days might not be the easiest to dress for, but they do lift the spirit in a way a sky full of clouds never can.

In confusing times, and these certainly are, we need clarity and vision, we need to know which way to turn - but nobody seems to agree on whether we should cut spending or increase it, pay bankers' bonuses or cut them, fight our enemies or make friends with them, and so on. Today, even the weather man has said that he has no idea what it's going to be like over the next few days - apparently it's far too confusing to tell.

One of the most encouraging promises in the Bible comes early in Luke's Gospel, "In the tender mercy of our God, the dawn from on high shall break upon us to shine on those living in darkness and in the shadow of death, to guide our feet into the path of peace." (Luke 1:78-79)

And the really good news is that it will be a warm sun as well as a clear day revealing all truth and all beauty, and lifting our spirits in a way we can't begin to imagine. Enjoy the sunshine.

Yours in Christ,

Robin King

HELP WITH FUNERAL ARRANGEMENTS

BROWN FENN & PARKER
Funeral Directors &
Memorial Consultants

01787 370909

37 North Street, Sudbury
Car Parking Available

From advice on how to register a death
to making all the arrangements,
we're here 24 hours a day.



Part of Dignity Caring Funeral Services.
Members of
The National Association of Funeral Directors

Dignity
CARING FUNERAL
SERVICES



All Saints Flower Festival Weekend

12th -.13th May

Evensong on Sunday at 6:30pm

Please come along and support us on both days – it's a wonderful spot to enjoy the wonders that surround us in this part of God's world.

CHURCH FLOWERS

CHRISTMAS DECORATING - Thankyou to everyone who helped make the Church look beautiful for Christmas - for the arrangements, Christmas Crib and all the lights and candles. Luckily we were not challenged by the weather as last year!

EASTER DECORATING - we expect to be decorating the Church for Easter April 6th/7th. I will be in touch with people nearer the time to let them know when the Church will be open.

EASTER LILIES - I shall be buying some lilies for Easter. If anyone would like to make a donation in memory of someone, please let me know.

Sue Macdiarmid - 01787 375858.

FLOWER FESTIVAL - May 12th/13th.

We are planning a Special Jubilee Festival this year to mark the Queen`s 60th Jubilee. For more information see page 8.

As always anyone who would like to help decorate the Church, please contact either Eileen King - 01787 227447 or myself, Sue Macdiarmid 01787 375858, all contributions gratefully received!

SUFFOLK HISTORIC CHURCHES ANNUAL CYCLE RIDE



Information about this event for 2012 will be included in the Harvest Issue of the Little Cornard Magazine. Sue and John Macdiarmid will be pleased to give information to anyone about this, so do contact them nearer to September, on 01787 375858

The amount raised in 2011 will be included in the Harvest magazine.

Bates Wells & Braithwaite



Bates Wells & Braithwaite Solicitors

27 Friars Street Sudbury Suffolk CO10 2AD

T: 01787 880440 F: 01787 880488

W: bwblegal.com

E: solicitors@bwblegal.com

Expert legal help for business...

- **Commercial and company law**
- **Commercial property**
- **Employment**
- **Environmental law**
- **Farming and rural business affairs**
- **Health and safety**

for individuals...

- **Accident claims**
- **Employment**
- **Estates, trusts and wills**
- **Family and children**
- **Litigation/mediation**
- **Residential property**

'ROSES FOR OUR QUEEN'

The Spring Festival at All Saints Church, Little Cornard on Saturday and Sunday 12th and 13th May from 11am to 4pm will, this year, celebrate the Queen's Diamond Jubilee. It is intended that in the varied arrangements roses will predominate thus the title for the event ROSES FOR OUR QUEEN. The flowers will be augmented by a colourful display of textiles and refreshments will be available throughout. The Church Council has decided that all proceeds from the event will be given to St. Nicholas Hospice.

and a SPECIAL SERVICE IN HER HONOUR

On the first Sunday in June at 10.30am there will be a special DIAMOND JUBILEE SERVICE and it is hoped very much that the residents of Little Cornard will turn out in force to honour Her Majesty the Queen who has shown such loyal and dedicated service in her long reign. The Service will be suitable for the whole family and Patriotic in spirit.

Tony Moore

WHAT IS THE CHURCH?

Most of us have affection for particular church buildings; generally because they have special association, perhaps with our childhood or because we were christened or married there or because the funeral of some loved one took place there. Or perhaps simply because it is 'our' parish church. But, whatever the association, however fine the building, it is just that – a building,

The real Church is the people; a gathering of the people of God. The Christian Church is the gathering together of the people of God who are committed to following the way of Jesus Christ. The church building is the place which gives focus to our worship and the forms of Service we use give focus to our prayer and purpose.

God is not confined to a building or to day or time. The fact is God is not confined at all. In Him we exist. He is the depth and ground of our being. Without Him we would not be. Some claim no need to go to church and have their own private arrangement with God, but Jesus called us to gather together in his name and many feel the need for communal worship in order to 'top up' spiritually – rather like a car on a journey needing to call at a garage for petrol from time to time in order to continue on the way.

It is, of course, important to care for and maintain our church building, the lovely church of All Saints at Little Cornard. It is a special place for so many of us and thankfully it is as well maintained and equipped now as it has ever been. It symbolises the presence of God in our community. Care of our Church building is a way (but only one way) of acknowledging love of God. But it is well to remember that the building is the means – God is the end.

Tony Moore

NEWS FROM ALL SAINTS, LITTLE CORNARD

Life at All Saints continues rather sedately during the winter months. After having enjoyed the wonder of the candle lit Carol Service and Christmas we are now enjoying one of the more pleasurable aspects of winter with a wonderful display of snowdrops and the signs of other spring flowers on the way to the churchyard..

However, there are a few hardy souls who brave wind, rain and even snow to come to the School Room on the first Tuesday of every month. We have enjoyed coffee, cakes and biscuits, hot soup with fresh homemade bread and of course plenty of chat and companionship. Please feel free to join us at any time between 10 and 4 where you will be sure of a warm welcome. As ever, the Church is left open for anyone who would like the contrast of peace and quiet (see page 10).

There will be soup lunches held on Tuesdays at 12.30 p.m. during Lent as we did last year.

There has been an improvement inside the Church with the provision of a new bookcase to keep all the hymn books and service sheets. It has been donated by Peter Walters' family in memory of both Peter and Elizabeth. It has tidied up the entrance way and made it easier for wheelchairs and given us space to greet people.

Congratulations to Susie (née Hammond) and Matthew Wooderson on the safe arrival of Philippa Primrose. We are looking forward to her Christening in April.

Sadly we have lost one of our longest residents in Gwen Warner who has had her funeral in the church and been buried in the churchyard with her husband Albert.



Some of the forthcoming services and occasions

18 March	Mothering Sunday
8 April	Easter Sunday – 8.00 a.m. Service followed by breakfast in the Schoolroom*.
12/13 May	Flower Festival with 6.30 p.m. Evensong
3 June	Diamond Jubilee Thanksgiving Service
24 June	Pet Service at Workhouse Green
8/9 Sept	Harvest Fair and Harvest Festival

Open churches, 6th to 9th September - see harvest issue for more details.

*If you wish attend breakfast please contact a Churchwarden (see information page).

Barbara Rea & Robert Mackman - Churchwardens

Seen on the notice board of a church (of course not on ours!)

WHAT IS MISSING FROM OUR CH __ CH?

CHURCH OPENING

The Schoolroom and Church are open every first Tuesday of the month, between 10.00 am and 4.00 pm

Anyone will be welcome to join us for refreshments, (including soup at lunchtime!) and general socialising or, if you prefer, enjoy some peace and quiet reflection in our church.

If you require any further information please contact

Brenda Pentney 01787 227615 Virginia Mackman 01787 228077

Reverend Robin King 01787 227315

SOMETHING NEW

The congregation responded well to a different experience at Church on Sunday 19th February when the Service was held in the tradition of Taizé, In past years, in the time of The Revd. John Cotton and The Revd. Peter Catterick, there were pilgrimages from here to Taizé.

Taizé is a place in France where, for many years, a community of Brothers, of various Christian denomination, live together in a state of friendly accord. They have attracted and continue to attract thousands of people, mainly young, from all over the world to join in their worship. Every week in Taizé is celebrated as Holy Week at the end of which, each Saturday, Easter is celebrated. Services take place in a Big Top called The Church of Reconciliation of which, each day, there are four consisting of few words, simple music and much silence.

Few words (no sermon), simple music and silence were the experience at All Saints. Little Cornard in the Service led by the Revd. Tony Moore and The Revd. Jo Goymour. It was well received and another Taizé Service is to take place on Sunday 28th October at 6.30pm, this time by candlelight.

Tony Moore

VILLAGE QUIZ

The date of the quiz has changed and will now be held on Saturday, 17th March, in the village hall, commencing at 7.00 p.m. A delicious supper will be provided by our resident Chefette (Ruth) and entry fee will be £10 per person. You may bring your own drinks and glasses but for a small donation, drinks will be available at the hall. Book your place to avoid disappointment.

Call Ruth on 01787 227467.

VILLAGE HALL EVENTS

Quiz Night and Supper

17th March 2012 – Starting at 7.00 p.m.

Advance Notice - Queen's Diamond Jubilee Barbecue

9th June Time Frame

We plan on having a barbecue for the whole village.
The venue will soon be finalised.

**PLEASE LOOK OUT FOR UPDATES ON THE
VILLAGE NOTICEBOARDS**

PYLONS VERSUS UNDERGROUNDING

The story continues. National Grid has certainly spent a fortune consulting and has produced a huge amount of information. Not sure how much it will influence their final decision. The battle lines between overhead versus underground keep shifting.

There was a recent high level report for the government prepared by the Institution of Engineering and Technology on whole life costing of the different methods. NG originally said that undergrounding was 12 to 17 times as expensive as overhead; the recent figures in the report are about 5 times as much. Obviously undergrounding would cost more but the actual increase on our bills would be very small but in a recession I suppose any increase is a problem for some people.

I understand that although the decision hasn't been made it is very finely balanced. Regarding the Stour Valley, NG will first of all compare the different overhead routes and then compare the best one with undergrounding. I think the public opposition to overhead has stepped up and Sarah Griffin from Burnt House Farm has really helped our cause.

I would not like to guess the result but suspect the undergrounding case is stronger than it was at the start. It is important that all of us keep up the pressure on NG, new and gigantic overhead lines and pylons would dominate the valley whereas undergrounding will only involve short term disruption. Tim Yeo is taking a much more active role on the side of undergrounding.

The report mentioned can be found at:
www.theiet.org/factfiles/transmission.cfm

Nick Hammond

NATURE NOTES

From My Dining Room Window

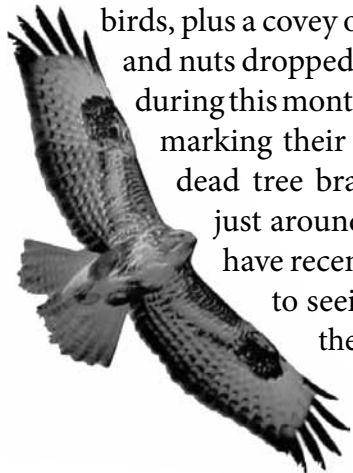
Much enjoyment and interest can be had from watching the birds that visit our gardens, particularly during the winter months when they 'gratefully' feed from the seeds etc put out for them. I spend many interesting moments watching the birds, plus the squirrels and rabbits that can be seen from this view point.

On the last Sunday morning of November I noticed several Wood pigeons alighting on a nearby tree. Some 25 were perched when suddenly, with a fluttering of wings, they scattered. On looking up I saw a Buzzard circling overhead. There were no thermals and the raptor was relying on the wind to keep aloft.

The annual RSPB Big Garden Bird Watch, which takes place the last weekend in January, provides an opportunity to observe and take note of the birds that visit the garden. Bird feeders draw the birds in and endless hours of interest are provided by the those that come to feed there. From the greedy Magpies to the dainty fluttering of Long Tail Tits, Blackbirds, Robins, all give so much pleasure, and some amusement observing their antics. Also our visitors include Jackdaws,

a pair of Moorhens and a handsome cock Pheasant with three hen birds, plus a covey of 8 French Partridges, all who pick up seeds and nuts dropped by other birds at the feeders. On occasions, during this month, the Woodpeckers in our garden have been marking their territory by continuously drumming on a dead tree branch. Hopefully a sure sign that spring is just around the corner, despite the cold and snow we have recently experienced! We can then look forward to seeing which birds will be calling on us later in the year.

PETER CUTMORE - February 2012



PAULINE BAKER

The first meeting of the year for Thimbles - the Little Cornard-and-a-bit-beyond stitching group - is usually a lovely get-together to discuss the programme for the year ahead. The January meeting is a jolly affair, in front of a roaring log fire with lots of tea and cake; sometimes we even manage some stitching! This year, however, the event was extra special as our hostess with the mostest had just celebrated a very special



birthday. Pauline Baker, of Wyatts Lane, celebrated her 90th birthday on the 1st January! To mark this very special occasion, Pauline was presented with a patchwork rug, made up of squares made by the 'girls'. She has been a member of Thimbles since the group began in 1994.



LICENSED TO SWEEP

Woodburners

Open fires

Cookers

Boilers

Conventional Brush & Vac or Power Sweeping

CCTV Surveys & Inspections

All Types of Flue Systems Installed

Call the Professionals - you can prevent fire...

REMEMBER - YOU ONLY LIVE ONCE!



CERTIFICATES ISSUED
FULLY INSURED

01787 474727

www.rceng.co.uk



IMPORTANT MOBILE LIBRARY CHANGES

In December, the council agreed changes to the Mobile Library Service, with the frequency of visits reduced from fortnightly to four-weekly. Stops in towns/parishes serviced by a conventional library will no longer take place. There is a special 'at-home library service' (volunteers delivering books) available to the small number of people who may not be able to access the normal service. The Library Service will also be working with community groups to develop the outreach service. These mobile library changes will save £225,000 a year from the current annual running cost of £600,000. Details of which Saturday we have the Library will shortly be available at: <http://www.suffolkreads.onesuffolk.net/libraries-and-mobiles>

NB The start date for these changes are not yet available - please ask the driver

Sudbury Symphony Orchestra Spring Concert

31st March 2012 7.30 pm

St Peter's, Market Hill, Sudbury, CO10 1TL

Conductor - Matthew Andrews

Leader - Christina Everson

Soloist - Lucinda Skinner, Cello

Beethoven - Fidelio, Leonora overture, no 3, op 72b

Saint-Saens - Concerto for Cello, No 1, op 33, A minor

Brahms - Symphony No 2, op 73, D major

Tickets £10 (children £2)

Available through website - www.sudburysymphonyorchestra.com;

from the Tourist Information Centre, Gaol Lane, Sudbury;

Compact Music, North Street, Sudbury;

and from 52 Friars Street, Sudbury Suffolk CO10 2AG - 01787 375099

(send cheque payable to Sudbury Symphony Orchestra and sae)

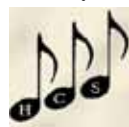
A limited number of tickets will be available on the door.

Sudbury Choral Society and Haverhill Choral Society



Julie Roberts (soprano), Hannah Mason (Mezzo Soprano),
Ben Thapa (Tenor) and Mark Saberton (Bass)

Verdi's Requiem



at St Edmundsbury Cathedral - on Saturday 5th May 2012, 7.30pm

Tickets £16 and £12, from The Apex, Bury St Edmunds

T: 01284 758000, www.theapex.co.uk

Brenda Richford 11.3.27 - 11.11.11

It was with great sadness that we gathered together in Little Cornard Church to bid farewell to Brenda Richford. Brenda died quite suddenly on 11th November. She thankfully had her eldest son Richard with her and most of her family got to the hospital before she died.

Brenda moved to Little Cornard in 1973 when she married John Richford. Brenda, who had four children was widowed in 1964 and John who had two children was widowed in 1970. They met through Girl Guides; no they were not secret guiders, rather Jill, John's Daughter and I were members of the Girl Guides and through us they met.

They married at Little Cornard Church; the day made even better for Brenda in that some of her favourite jersey cows were looking on from their field. As you can imagine six children a lovely big home and garden and a husband who worked very hard for his company meant that Brenda was very busy. John was a prolific gardener, so Brenda always had lots of picking, podding and freezing to do. Up until John died I think he still grew enough to feed all us children. Brenda was also into making wine, her dandelion wine was quite spectacular, even though as teenagers we did not enjoy going out to pick the dandelions, we all enjoyed sipping the finished wine.

Brenda and John would be fairly regular attenders at Little Cornard Church even after they left the village to live in Sudbury. They would go to the social events and according to Doris Cutmore would man the Barbeque.

Brenda suffered some huge sadness's in her life; Her first husband dying when so young, leaving her with four children under twelve, then the sadness of seeing her first born, Sue, struggling with Multiple sclerosis, having to be cared for in a home for four years and then dying at the tender age of 32.

She was very grateful to have met and married John who loved her dearly and who gave her security and companionship.

Brenda thoroughly enjoyed being part of the Farm Women's Guild and the outings and meals that they all shared. It brought her back to her first love which was farming, for Brenda trained as a herdswomen and had worked on various farms in Suffolk for years.

As her children we are so grateful for the start in life she gave us; that she gave us a real sense of independence (for which she was sometimes rather too good an example), a practical outlook on life and a get on with it spirit. All of which summed up Brenda. As my brother said at her funeral; She was a women without affectation; never wanted any fuss and didn't want to be a burden.

Her death, though sudden, meant she did live an independent life right to the end. She died having been with most of the family just two weeks before at her grandson's 18th celebrations. We will miss her but her memory and all that she gave to us will live on.

Thank you to all those who helped make her funeral service go so well.

Nicola McIntosh

HARRY WRIGHT

It was sad news to learn that Harry Wright had passed away on February 9th at Chilton Croft Nursing Home in Sudbury.

Harry and his wife Mary had lived in Little Cornard since 1947 when he worked for Caustons Hall Estate. Up to 1939 he had farmed Chilton Brickyard Farm and Little Greys with his brother-in-law. Then Harry was called up for service in the army in World War II and was attached to the Gordon Highlanders. After training in Essex and Scotland he was posted overseas. More training in South Africa and then he was sent to mountains 6,000 above sea level on the Burmese border, where the roads were cut into the sides of the mountains like shelves. Towards the end of hostilities Harry then was transferred to Calcutta. Harry was called to see his commanding officer and was told he would be returned to England as possible as his skills as an agricultural worker were needed at home.

Before coming to Little Cornard Mary and Harry had lived in a thatched cottage at Dorking Tye. Harry's role at Caustons initially was looking after the farm horses but with the changes in farming methods he then learned to drive a tractor. He also looked after the herd of pigs at Casefields Farm in Chapel Lane and would be seen twice daily cycling up Chapel Lane to tend his charges. This was a popular venue for small children to visit and Harry would be happy to tell them about the feeding and care of the animals.

From 1947 to 1972 Mary and Harry lived in Belchers (now called Flint House) but with the retirement of Basil Francis the structure of the farm changed. Several of the houses which were part of the estate were sold and it was then Mary and Harry moved to Henny View, almost opposite where they had previously lived. As Harry was redundant from the farm he worked as Foreman at Belle Vue for Sudbury Borough Council and then transferred to Babergh District Council with the reorganisation of Local Government in 1974.

In 1995 Mary and Harry moved to a sheltered flat in Sudbury. Harry then went to live in Chilton Croft as life became more difficult. Later Mary too moved to Chilton Croft.

On a beautiful summer's day in 2009 Mary and Harry celebrated their 70th Wedding Anniversary with a party for family and friends which was held at Chilton Croft.

A sad loss of a long-time resident of Little Cornard and we offer our sympathy to Mary and all the family.

LITTLE CORNARD CONSERVATION GROUP – Worthy Cause

At the January meeting of the Little Cornard Conservation Group a talk was given by a representative of the Mid Suffolk Link with the Chernobyl Children's Life Line giving help to children of Chernobyl who continue to suffer the consequences of the nuclear disaster that happened twenty five years ago. The speaker from Needham Market spoke movingly about their plight and about bringing children to the UK for a four week holiday to improve health by boosting their immune systems.

There is a shop at Needham Market that receives and sells goods to fund the charity and also collects items of children's clothing and other things to pass on. It is a 'hands on' enterprise worthy of support. The local contact is Elizabeth Parker at 01449 760343 or 07771 550868 or enquiries@ccllmidsuffolk.org.uk The following story appears in the Chernobyl Children's Life Line brochure by way of explanation of the work of that Charity:

Making a Difference

Once upon a time there was a wise man who used to go to the ocean to do his writing. He had a habit of walking on the beach before his work. One day he was walking along the shore and as he looked down on the beach he saw a human figure moving like a dancer. He smiled at himself to think of someone who would dance to the day.

So he began to walk faster to catch up. As he got closer he saw it was a young man and the young man wasn't dancing but instead he was reaching down to the sand, picking up something and very gently throwing it into the ocean. As he got nearer he called out.

Good morning, what are you doing?

The young man paused, looked up and replied:

'Throwing starfish into the ocean, the sun is up and the tide is going out. If I don't throw them in they will die.'

'But young man, don't you realise that there are miles of beach and starfish all along it. You can't possibly make a difference.'

The young man listened politely. Then he bent down and picked another starfish up and threw it into the sea, past the breaking waves and said, *"It made a difference to that one."*

Tony Moore

**Little
Cornard
Neighbourhood
Watch**



Make sure your motor vehicle is made secure when parked overnight. Many incidents are happening in the Sudbury area. Also we have had two arson attacks in Little Cornard over the last month, so residents are urged to be vigilant. Make sure your garden sheds are secure in daylight as well as night.


Metal and cabling thefts are still much in the news, so be warned if you have copper piping, lead etc, on your property.

MAKE A NOTE of the new National Telephone Number for non-emergency calls, this is 101.

Phil Gooch
Neighbourhood Watch
Co-ordinator
01787 372013

WORKHOUSE
Graphic Design

Graphic Design
Artwork and Layouts
Print and Print Consultancy,
Website Design and Production

 **01787 228220/468910**
www.workhousegraphics.co.uk

UPCOMING EVENTS IN BURES

Friday 27th April - There will be an evening supper and slide show of old Bures. This will take place in the Community Centre (Village Hall), proceeds for Bures Common. Please ring Alan/Sue Ryman for details and to book for this on 01787 227715.

Saturday 5th May - Bures Horticultural Society will be holding the annual plant sale from 10.00 am at The Community Centre (Village Hall). Coffee and Cakes will be available from the W.I's Stall.

Saturday 26th and Sunday 27th May - will be Bures Open Gardens weekend. Watch for posters for details of this event.

Saturday 30th June - a coach trip to Wisley, leaving at 9.30 am, is being planned by Bures Horticultural Society. Please ring Sue/Alan Ryman if you are interested in this trip. 01787 227715.

Steve Norman
Furniture Restorer
and Polisher

Telephone: 01787 319614
Mobile: 07790 458638

A.W. SCAFFOLDING LTD

Delivering the highest of standards

Telephone - 01787 474257 - Mobile: 07967 009275

Fax - 01787 474986

e-mail: awscaffolding@hotmail.co.uk

Cheryl Bird Florist

Wedding flowers, floral tributes for funerals,
party or special occasion flowers or
just bouquets from fresh or silk flowers.

Tel: 01787 227259

www.cherylbirdflorist.co.uk
Canhams, Upper Road, Lt. Cornard, Sudbury.

CAROLS' KENYAN CHARITY CYCLE RIDE

Well I've done it!

I've cycled 400km in 5 days along the Great Rift Valley in Kenya with a group of 100 women to raise funds for Ovarian Cancer, Cervical Cancer and Breast Cancer charities.

I'm now back home safe and sound(ish) from an amazing week with an incredible group of women. It was the toughest physical challenge I have ever attempted and I did it!!! Cycling in temperatures of 43C plus and at an altitude of 3,000m/10,000ft above sea level (three times the height of Ben Nevis) is not something you can replicate whilst training in Suffolk during February. On our route were several of the High Altitude Training camps used by athletes including the Kenyan and British Olympic teams including Mo Farah and Paula Radcliffe (no wonder I was finding it tough). To top it all the scenery and support team were fantastic.

In spite of being knocked off my bike by a bus on the last day (only a few cuts and bruises luckily) The whole experience was amazing and if it had been possible I would have stayed and done it all again! I met wonderful group of women each with their own reason for undertaking this challenge. Many of them are recovering or have recovered from Cancer or like me have family members and friends that have survived or sadly died from one of the three selected cancers .

The total amount raised by the five groups that took up this challenge this year is £1.5 million. Collectively we have also raised £52,000 for the Faraja Cancer Care Trust in Kenya.

I would once again like to take this opportunity to thank everyone in the village for their donations, support, encouragement, help and kind wishes. A big thank you to Elizabeth Druce for letting me use Appletrees for a very successful Coffee Morning and inviting lots of people, Eileen King, the PCC and Village Hall Committee for their support.

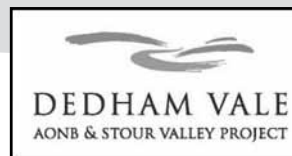
I personally have now raised over £3,600 with hopefully more to come. I will be posting a full account of the ride and some pictures of my travels on the village website shortly.

Carol Jones

If you would like to make a web donation go to: www.justgiving.com/Carol-Jones0

DEDHAM GUIDED WALKS

Winter Walks Programme 2011/12



LOCAL FOOD AND ANCIENT WONDERS

Sunday 25th March, 10.00am - 1.00pm - Approx. 5.5 miles. Moderate

Discover more about organic farming and the Dedham Vale food hub at Stocks Farm then walk to the beautiful woodland of Spouses Vale where primroses should be in flower. Return along the ancient St Edmunds Way.

'Moderate' describes Country walks that may include rougher ground and negotiating some stiles. All finish times are approximate. Appropriate footwear and clothing should be worn; well behaved dogs on leads are welcome.

ADULT £5.00 - CHILDREN FREE

Numbers limited. Bookings taken one calendar month before each event.

For further details, please contact us on:

01473 264263

www.dedhamvalestourvalley.org

LITTLE CORNARD PARISH COUNCIL

Little Cornard Parish Council meets at the Village Hall five times a year. All meetings start at 7pm and members of the public are very welcome to attend.

Meeting dates for 2012

Monday 16th April
(Annual Parish Meeting)

Monday 14th May
(Annual General Meeting)

Monday 10th September

Monday 12th November

The minutes from Parish Council meetings are available on:
www.lcpc.workhousegreen.me.uk

Dedicated Website for Parish Council Minutes, Information, Links and Email Contact Address

In response to requests from members of the public attending meetings we will be making available a larger range of information as submitted to the Parish Council

It can be found, as usual at:

<http://www.lcpc.workhousegreen.me.uk>

There is now a dedicated email address for contacting the Parish Council:

Email: info@lcpc.workhousegreen.me.uk

GREAT CORNARD LIBRARY

at Great Cornard Upper School

Now Open Every Sunday until 3pm, all year long!

School Term Opening Hours:

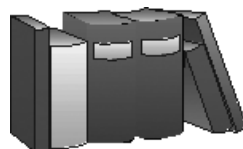
Tel. 01787 315195

Monday, Tuesday, Wednesday
& Friday 8.30 am - 1.00 pm
1.30 pm - 5.00 pm
Thursday 8.30 am - 1.00 pm
1.30 pm - 7.00 pm
Saturday 10.00 am - 3.00 pm
Sunday 10.00 am - 3.00 pm

School Holidays:

Tue & Fri 10.00 am - 1.00 pm
1.30 pm - 5.00 pm
Thursday 2.00 pm - 7.00 pm
Saturday 10.00 am - 3.00 pm
Sunday 10.00 am - 3.00 pm

The Mobile Library now visits Little Cornard Monthly on Saturdays. Please check with the driver for dates.
Sudbury Road: 3.40 - 3.50 pm
Workhouse Green: 3.55 - 4.15 pm



Do continue to use this well-stocked library and the assistance of the knowledgeable and helpful librarian - it is the easiest way to get hold of the latest publications at **NO EXPENSE.**

MAGAZINE CONTRIBUTIONS

If you have any matter of interest or news item you would like included in the next issue of the Little Cornard Magazine, please contact:-

Doris Cutmore
Allestons, Chapel Lane
Little Cornard.

Tel: 01787 375116

Patricia Monk
Kingsbury Cottage, Upper Road,
Little Cornard.

Tel: 01787 227614

**All articles etc. for the Harvest 2012 Issue
to be received for inclusion by the 2nd week in July 2012**

This is the Little Cornard Magazine which reports on all areas of interest in the parish. The Parish Council and the Village Hall Committee assist the Church with the finance of this magazine.

INFORMATION - INFORMATION - INFORMATION - INFORMATION

Church:

The Rev Robin King, The Vicarage, Bures, Suffolk - 01787 227315.

Associate Priest - The Rev Anthony Moore - 01787 377967.

Curate - To be appointed.

Treasurer - Patricia Monk, Kingsbury Cottage, Upper Road, Little Cornard - 01787 227614

Secretary - Clare Lodge, 10 St. Peters Court, Sudbury - 01787 312494.

Churchwardens - Robert Mackman, Cobnut Cot. , Upper Road, Lt. Cornard - 01787 228077
Barbara Rea, 24 Meadow Place, Meadow Lane, Sudbury - 01787 311194.

Members of the Parish Council:

Chairman: Clive Johnson, 'Oak Lodge', Upper Road, Little Cornard.

Vice Chairman: Peter Cutmore, 'Allestons', Chapel Lane, Little Cornard.

Clerk to the Parish Council: John Quick, Upland Cottage, Upper Road, Little Cornard, Sudbury, Suffolk CO10 0NZ - Email: info@lcpc.workhousegreen.me.uk

Members: Ruth Adams, Cheryl Crane; Phil Gooch; Nick Hammond and Noel King.

Parish Council Information Web Posting www.lcpc.workhousegreen.me.uk

Village Hall:

The cost of hiring the Village Hall for a morning, afternoon or evening session is: £12 for villagers and £15 for all others.

Tables, chairs, cutlery etc are available for rent. For information please contact: Noel King, Booking Secretary on 01787 227447.

BACK THE BROADBAND BID



Hard copy surveys can be collected and returned at your local library

Sign up!
Complete our survey

BY 31
MARCH

www.suffolk.gov.uk/broadband

LITTLE CORNARD OUR BROADBAND BACKWATER

The quality and speed of the Broadband Service provided via the current BT network can only be described as truly miserable! The Bures exchange is just too far away from Little Cornard and BT seem to deny that they installed Fibre Optics at Workhouse Green! County Councillor James Finch presented a Babergh devised plan of action and a downloadable survey at the last Parish Meeting. This can be found at www.suffolk.gov.uk/broadband.

This great initiative relies on **EVERY** interested party completing and returning the questionnaire so that pressure can be brought to bear on the 'supplier'.

This is a real an active project aiming to ensure the Stour Valley gets priority treatment using some of the £530 million specifically set aside by the Government.

Paskha *(a traditional Russian Easter recipe)*

- 3 oz sugar
- 2 large egg yolks
- 4 oz unsalted butter - creamed
- 4 oz double cream
- 4 inch piece vanilla pod, split
- 12 oz cream/cottage cheese
- 2 - 3 oz candied fruit or peel, chopped
- 2 - 3 oz almonds, blanched and chopped

For decoration - blanched almonds, dried fruit mixed peel or glace fruits.

6 inch plastic flower pot (new!) or yoghurt pots with holes pierced.
Line with muslin - helps to turn Paskha out and patterns the dish.

Beat egg yolks with sugar until creamy. Bring cream to boil with vanilla. Pour on eggs and sugar, still beating. Return to heat and cook without boiling, until thick. Add candied fruit, leave to cool. Remove vanilla pod. Mix with the other ingredients and pour into the mould.

Leave 10 hours in fridge or up to three days. The whey will drain from the Paskha so put the pot in a dish.

Turn out and decorate, with the letters XB - the Cyrillic letters for 'Christ is Risen'.



E. JOHNSON Farmers and Growers

Suppliers of

HAY, HAYLAGE, SHAVINGS, WHEAT & BARLEY STRAW

Delivery Service

* * *

JOHNSON'S QUALITY EX- MUSHROOM COMPOST

Available in bulk only

*Fresh for Christmas or frozen throughout the year
Free Range & Additive Free*

Kelly Bronze or White Turkeys
Cobb Chickens * Geese * Ducks * Game
Burgers * B.B.Q. Meat Etc.



Yorley Farm, Little Cornard, Sudbury C010 0NZ

Telephone: (01787) 227353

M HEARNDEN CARPENTER & JOINER

All types of woodwork undertaken

01787 248285



Wayne Hickford

Garden Contractor

19 St. Bartholomews Lane, Sudbury

Tel: 01787 880044

Safari Consultants Limited

Is pleased to sponsor this Magazine

BORDER **ROOFING**

TONY BUCK - BOB BUCK

Tel/Fax 01787 374920

Mobile: 0797 0668002

Rainbow Feet

Tired, stressed out & irritable?

Go on treat yourself.

Try Reflexology.

You'll feel alive again!



Reflexology is a totally natural therapy and can help with a whole variety of common complaints including insomnia, stress, sinus, problems & PMS. It can also promote a speedy recovery after an injury.

For more information call:

Lynn Palmer, M.A.R. Unit 11,
South Suffolk Business Centre, Alexander Road,
Sudbury CO10 2ZX

Tel: 01787 373931 or Mobile 07710 415925

P. T. SMITH (BUILDERS) LTD **BUILDING CONTRACTORS**

18 Fysh House Farm, Cuckoo Hill

NEW BUILD - RENOVATIONS

MAINTENANCE - REPAIRS

GRANT ASSISTED WORKS

COMPLETE SERVICE FROM

DESIGN TO COMPLETION

Tel: 01787 227786

Brian Hearnden

General Builder,
Painter and Decorator

01787 227964

07771 922817

lynhearnden@aol.com



Furniture Workshop

Tel: 01787 312115

Experts in all types of Antique

Restoration and Upholstery

Contract Work also Undertaken

P.J. Munday, The Old Brickworks, Chapel Lane,
Little Cornard, Sudbury, Suffolk CO10 0PB

Barrett-Lee

Main Dealer Service at Independent Prices

- Dealer Level Servicing
- Full Repair Facilities
- Warranties are Safe
- Full Diagnostics
- Power Upgrades
- Air Conditioning
- Class IV MOT Tests
- Tyres Supplied & Fitted
- **FREE** Courtesy Cars



SEE WEBSITE FOR DETAILS & OFFERS

www.barrett-lee.co.uk

01787 370774

Unit 4, Byford Road, Sudbury CO10 2YG